



## **COURSE CARD: E3S - NL - WUR - 2**

University: Wageningen University, the Netherlands

Course: Nutrition Behaviour

Course code: HNE-20306

Credits: 6

Language: Dutch

Instructor: prof C de Graaf, dr ID Brouwer, dr NM de Roos, dr G Jager, dr E van Kleef

When: Yearly (Nov – Dec), next course starting November 2013. Precise program to be found at:  
<https://ssc.wur.nl/Studiegids/Vak/HNE-20306>

Content: The course is aimed to provide the students a framework of concepts and theories that are used in the behavioral sciences for the explanation of human nutrition behavior. the course aims to give insight into the social, socio-economic, psychological and psycho-biological background of eating behaviour and food patterns in the industrialized world and developing countries.

Students will follow lectures during which basic knowledge will be provided. Next, students will discuss realistic nutritional problems (i.e. case studies), actively gather information, and apply and discuss the gathered information in relation to the case studies. Moreover, students will practice social theoretical models by means of e-learning tutorials.

Textbook: Course reader

Requirements: Knowledge about food & nutrition

For whom: Obligatory course for BSc Nutrition and Health, BSc Health and Society and BSc Minor Nutrition and Health; optional course for others

Students (n): -

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